



10 THINGS THAT TAKE
ZERO TALENT BUT WILL GET
YOU 100% RESPECT

1. Being ON TIME
2. WORK ETHIC
3. EFFORT
4. Body Language
5. ENERGY
6. ATTITUDE
7. PASSION
8. Being COACHABLE
9. DOING EXTRA
10. BEING PREPARED

Aspen Swim Team

aspenswimclub@gmail.com